

ADORATION OF THE BLESSED SACRAMENT (Opening Prayer)

Priest: Come, let us bow and bend low; let us kneel before the God who made us.

All: For He is our God, and we, the people who belong to His pasture,
The flock that is led by His hand.

Priest: O that today you would listen to His voice. Harden not your hearts as at Meribah,
as on that day at Massah in the desert, when your fathers put Me to the test.

All: LORD, open my ears that I may hear Your Word, obey You, and live.

Priest: Jesus says: "Come to me, all you who are weary and find life burdensome,
and I will refresh you."

All: My soul waits for the LORD, more than watchmen wait for the dawn.

Priest: I lift up my eyes to the mountains; from where shall come my help?

All: My help comes from the LORD, who made heaven and earth.

Priest: As the deer yearns for flowing streams, so my soul is longing for you, my God.

All: My soul is thirsting for God, the God of my life;
when can I enter, and see the face of God?

Priest: After Jesus had fed the five thousand men, the people who had seen the sign said:

All: "This is undoubtedly the Prophet who is to come into the world."

Priest: At that, Jesus realized that they would come and carry Him off to make Him king,
so he fled back to the mountain alone. Once the crowd saw that neither Jesus nor His disciples
were near them, they embarked in boats and went to Capernaum, looking for Jesus.
When they found Him on the other side of the lake they said to Him:

All: "Rabbi, when did you come here?"

Priest: Jesus said, "I solemnly assure you, you are not looking for me because you have seen signs,
but because you have eaten your fill of the loaves. You should not be working for perishable
food, but for food that endures unto life eternal--food that the Son of Man will give you.
It is on Him that God the Father has set His seal."

All: "What must we do to perform the works of God?"

Priest: "This is the work of God: believe in the One whom He sent."

All: "So that we can believe in you, what sign are you going to perform for us to see?
What is the 'work' that you do? Our ancestors had manna to eat in the desert,
according to Scripture: 'He gave them bread from the heavens to eat.'"

Priest: "I solemnly assure you, it was not Moses who gave you bread from the heavens; it is my Father who gives you real heavenly bread. For the bread of God is that which comes down from heaven and gives life to the world."

All: "Sir, give us this bread always!"

Priest: Jesus said to them: "I myself AM the bread of life. No one who comes to Me shall ever hunger, no one who believes in Me shall ever thirst. Everyone that the Father gives me will come to Me, and I will not cast him out. For I have come down from heaven, not to do My own will, but to do the will of Him who sent me."

All: "Father, not my will, but Your will be done."

Priest: Jesus said: "No one can come to Me, unless the Father draw him. I AM the bread of life. He that believes in Me has eternal life. Your ancestors ate manna in the desert, but they died. This is the bread that comes down from heaven for one to eat, and never die. I AM the living bread which came down from heaven, that one may eat, and never die."

All: "LORD Jesus Christ, only Begotten Son, LORD God, Lamb of God, Son of the Father, You take away the sins of the world, have mercy on us; You take away the sins of the world, receive our prayer; You are seated at the right hand of the Father, have mercy on us. For You alone are the Holy One, You alone are the LORD, You alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen."

Priest: The LORD is my shepherd, I shall not want.

All: In verdant pastures He gives me repose.

Priest: Beside restful waters He leads me; He refreshes my soul.

All: He guides me in right paths for His name's sake.

Priest: Even though I walk through the valley of the shadow of death I fear no evil; for You are with me, with your rod and staff to give me courage.

All: You spread the table before me in the sight of my foes;

Priest: You anoint my head with oil; my cup overflows.

All: Only goodness and mercy will follow me all the days of my life, And I shall dwell in the house of the LORD for ever.

Priest: "Glory be to the Father, and to the Son, and to the Holy Spirit."

All: "As it was in the Beginning, is now, and ever shall be, world without end. Amen."

